

SMART WELLNESS, EVERYDAY

RAHA

A smart massage chair that reads your body, tracks your vitals and stretches you out — serious wellness technology, made easy to live with.



Everything about Raha.

A complete guide to the Raha massage chair — how it works, what it measures, the colours, the full specifications, and everything to know before and after it arrives.

01	The Raha Idea	Smart wellness you'll actually use
02	Made for You	Shoulder detection and a fit that adjusts
03	SL-Track Massage	Eight techniques, neck to legs
04	Thai Stretch	The double push-rod system
05	Zero Gravity & Heat	172° recline, back and calf warmth
06	Full-Body Air	18 airbags, three intensity levels
07	Health Testing	Heart rate and blood oxygen
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Wellness that checks in on you.

Most massage chairs only work your muscles. Raha goes further — it senses your shoulders, stretches your body and measures how you're actually doing.

An SL-track robotic arm travels from your neck all the way to your legs with eight distinct techniques. A double push-rod system delivers a genuine Thai-style stretch. And a built-in health test reads your heart rate and blood oxygen, so each session ends with something you can see, not just something you feel.

18

AIRBAGS

20

TOTAL
PROGRAMS

172°

ZERO GRAVITY

“Sense. Stretch. Measure. Recover.”



It finds your shoulders first.

Raha detects where your shoulders sit and lines the massage up to your frame.



150–180cm

Recommended user height — comfortable for most adults.

150kg

Weight capacity, with a sturdy reinforced frame.

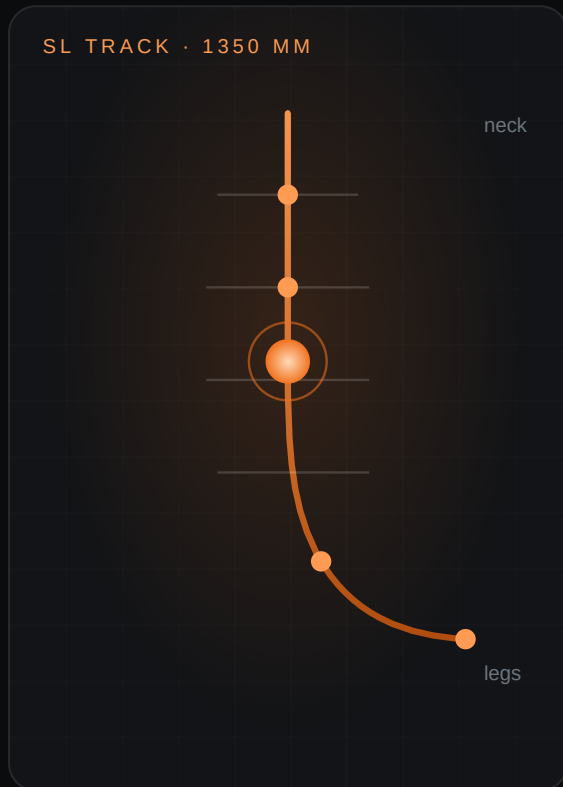
+15cm

Retractable leg extension for longer legs.

SHOULDER DETECTION

A 65 cm shoulder width and a 51 cm seat give you room to settle in, while the chair adapts the massage path to your height automatically.

Neck to legs, in one path.



A 1350 mm SL track carries the robotic massage arm in one continuous curve — down the neck and spine, around the hips and along the legs, with nothing skipped in between.

EIGHT MASSAGE TECHNIQUES

Kneading

Rubbing

Tapping

Knocking

Finger pressing

Pinching

Striking

Pushing

Two push rods

A dual-rod mechanism drives deeper, more controlled movement than a single arm.

Back space 15 cm

A slim wall clearance means Raha fits comfortably in real rooms.

A proper stretch, not a squeeze.

Raha's double push-rod system does something most chairs can't — it lengthens your body the way a Thai massage therapist would.



How it works

Two independent rods move the backrest and leg rest in opposite directions, gently opening the hips, spine and thighs through a controlled stretch.

Why it matters

Stretching releases tension that kneading alone can't reach — especially helpful for tight hips and lower backs after long hours sitting.

Recline to weightless.

ZERO GRAVITY · 172°

Freely adjustable

At 172° your legs sit level with your heart and your weight spreads evenly across the chair, lifting pressure off the spine. Unlike fixed presets, Raha lets you set the angle anywhere you like — all the way to a 148° flat-lying position.

172°

ZERO GRAVITY

148°

MAX LYING

Back & calf heating

Gentle warmth across the back and calves loosens tight muscle and improves circulation, so every technique lands deeper.



CREAM WHITE

Held, from shoulder to sole.



18 AIRBAGS · 3 LEVELS

18 full-body airbags

- Air cells wrap the shoulders, arms, hips, calves and feet in rhythmic compression.

Three intensity levels

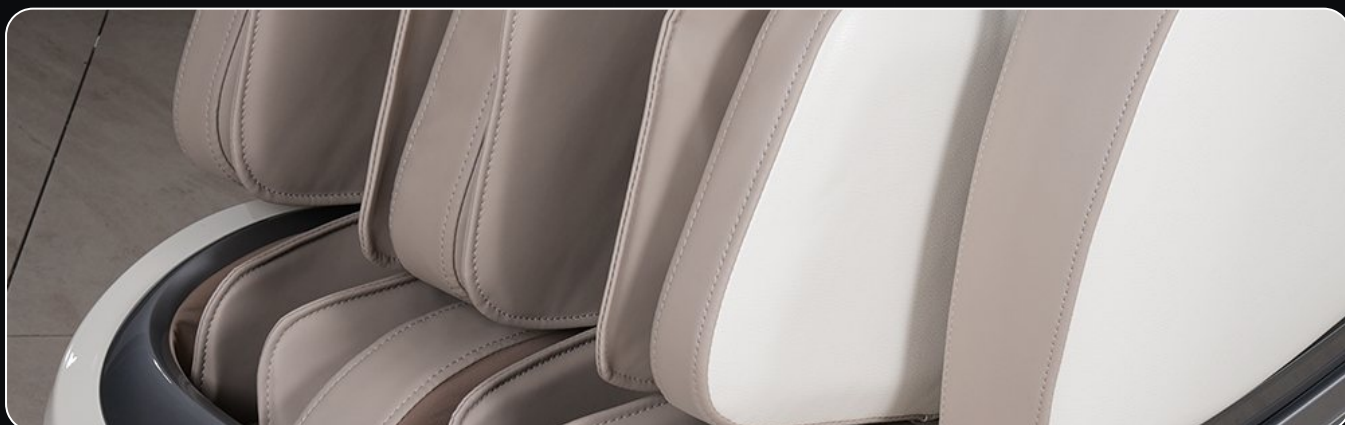
- Dial the squeeze from light and soothing to firm and deep, to suit the day.

Retractable leg section

- The footrest extends up to 15 cm and adjusts to cradle your legs properly.

Deep foot rollers

- Rollers work the soles of your feet while the airbags hold them in place.



See how you're actually doing.

Rest your finger on the sensor and Raha reads your vital signs on screen in under a minute — turning a massage into a moment of genuine self-awareness.



Heart rate

Beats per minute, measured right from the armrest sensor.

Blood oxygen

A quick SpO₂ reading displayed as a clear percentage.

30–60 seconds

Sit still with your finger on the sensor until the values settle.

Raha is a wellness product, not a medical device. Readings are for personal reference only and shouldn't be used to diagnose or treat any condition.

Everything within reach.



WIRELESS + USB

Charge as you relax

Set your phone on the armrest pad to charge wirelessly, or plug in through the built-in USB port. Your battery fills up while you unwind.



Upgraded LED touchscreen

A bright, clear display for every program, setting and health reading.

Phone & tablet holder

An adjustable arm holds your screen at eye level — with quick media buttons on hand.

Bluetooth audio

Stream music or calming sound straight through the chair's speakers.



English voice control

Change programs and settings hands-free, without reaching for the screen.



Shortcut keys

A side panel of one-touch controls for the settings you use most.

Twenty ways to unwind.

Twelve automatic programs cover the everyday needs — and eight manual modes let you take over and work exactly where it hurts.

12

AUTOMATIC

8

MANUAL MODES

Three airbag levels

Adjust compression strength independently of the roller programs.

WHAT THE PROGRAMS ARE FOR

- 1 Relax & unwind**
Slow, soothing sequences to settle the body at day's end.
- 2 Deep recovery**
Firmer, targeted work for tired and knotted muscles.
- 3 Thai stretch**
The double push-rod stretch that opens hips and spine.
- 4 Neck & shoulders**
Focused relief where tension collects most.
- 5 Full-body restore**
Head-to-toe coverage in one complete session.
- 6 Quick reset**
A short program for when time is tight.

Three finishes, one silhouette.

Raha comes in three colourways, each with the same sculpted shell and soft LED base light. Choose the one that suits your room.



Black & Amber

Warm tan leather against gloss black — bold and sporty.



Graphite

Deep charcoal with a quiet, contemporary edge.



Cream White

Soft ivory and taupe for light, calm interiors.



SHARED ACROSS EVERY FINISH

The same detailing, whichever you choose.

Every Raha carries the same considered touches — a softly lit LED base, chrome-trimmed footrest, contoured shoulder padding and a machined side control dial. The colour changes; the craftsmanship doesn't.

Every detail, on the record.

Massage system	SL-track robotic arm
Rail length	1350 mm
Push rods	2 (Thai stretch)
Techniques	8 · knead, tap, press ...
Airbags	18, full body
Airbag levels	3
Programs	12 automatic + 8 manual
Heating	Back & calves
Zero-gravity angle	172°
Maximum lying angle	148°

Health testing	Heart rate & blood oxygen
Shoulder detection	Yes
Voice control	Yes · English
Charging	Wireless pad + USB
Connectivity	Bluetooth
Display	LED touchscreen
Leg extension	Retractable, +15 cm
Weight capacity	150 kg
User height	150–180 cm
Rated power	120 W

DIMENSIONS

UPRIGHT

162 × 75 × 114 cm

LYING FLAT

183.5 × 75 × 82 cm

NET WEIGHT

74 kg

Shoulder width

65 cm

Seat (W × D)

51 × 51 cm

Wall clearance

15 cm

TRADE & SHIPPING

Packing size 133 × 77 × 115 cm · gross weight 90 kg · 24 units per 20' HQ container · 54 units per 40' HQ container.

From cart to calm.

RAHA · SMART WELLNESS SERIES

**Current pricing at
360massage.com**

IN STOCK · US WAREHOUSE

Free shipping · arrives within 7 days



3-year warranty

Raha is covered for a full three years, with free spare parts — long-term peace of mind.

[WARRANTY DETAILS ↗](#)



90-day easy returns

Not fully satisfied? Return it within 90 days — free return shipping, no restocking fee.

[RETURNS & REFUNDS ↗](#)



Free shipping, fast

Stocked in our US warehouse and shipped free — delivered to your door in 7 days or less.

[SHIPPING INFO ↗](#)



Easy setup

Raha arrives largely assembled — simple, quick installation with no specialist needed.

[DELIVERY & SETUP ↗](#)

7 days

Ready to ship. Raha is held in our US warehouse, so your order goes out straight away and reaches your door within 7 days at the most.

Good to know.

Q Who is Raha designed to fit?

Users between roughly 150 and 180 cm tall, with a weight capacity of 150 kg. Shoulder detection adjusts the massage to your frame.

Q What is the Thai stretch?

A double push-rod system moves the backrest and leg rest in opposite directions to gently lengthen your spine, hips and thighs.

Q Can Raha really measure my health?

It reads heart rate and blood oxygen from an armrest sensor in about 30–60 seconds. It's a wellness feature for personal reference, not a medical device.

Q How many massage programs are there?

Twenty in total — 12 automatic programs plus 8 manual modes, with three airbag intensity levels.

Q Where does it heat?

Across the back and calves, warming tight muscle and easing circulation.

Q How quickly does it arrive?

Within 7 days at the most. Raha is stocked in our US warehouse, so there's no waiting on an overseas order.

Q How much space does it need?

Just 15 cm of wall clearance. It measures 162 × 75 × 114 cm upright and extends to 183.5 cm lying flat.

Q Does it charge my phone?

Yes — a wireless charging pad on the armrest plus a built-in USB port.

Q Can I control it by voice?

Yes. Raha responds to English voice commands, alongside the LED touchscreen and side shortcut keys.

Q What does the warranty cover?

A full **3-year warranty**, including free spare parts. [Read the warranty.](#)

Q What if I change my mind?

You have 90 days for an easy return, with free return shipping and no restocking fee. [Returns policy.](#)

360° massage



SENSE · STRETCH · RECOVER

Wellness you can measure.

Discover Raha and the full 360° massage collection. Visit us online to explore every model and bring smart recovery home.

3-Year Warranty

[LEARN MORE ↗](#)

90-Day Returns

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Free Shipping

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